

Congregation Rodeph Sholom Support Resources for Dementia/Alzheimer's

Organizations

Alzheimer's Association of New York -- 600 3rd Ave, 2nd Floor, New York, NY 10016 Phone: 646-418-4466. They offer an extensive number of resources.

Dorot -- 171 W 85th St, New York, NY 10024 Phone: 212-769-2850. They offer a program called Caregiver's Connections.

GOAL (Geriatric Outreach Assessment and Linkage) -- 241 W. 72nd Street, New York, NY 10023 Phone: 212-687-5030.

JASA (Jewish Assn. for the Aged) -- 132 W 31st St #10, New York, NY 10001 Phone: 212-273-5200.

National Association of Jewish Women New York -- 241 West 72nd Street, New York, NY 10023 Phone: 212-687-5030. They offer support groups for caregivers and LINC (Lunch, Interaction, Nurturing, & Companionship).

NAMI--NYC Metro (The National Alliance on Mental Illness of New York City, Inc.) -- 505 Eighth Avenue, Suite 1103, New York, New York 10018 Phone: 212-684-3365.

NIA (National Institute on Aging) -- Phone: 800-438-4380. They offer the Alzheimer's Disease Education and Referral Service.

Selfhelp Community Services, Inc. -- 520 Eighth Avenue, New York, NY 10018 Phone: 866-735-1234. They offer Selfhelp Alzheimer's Resource Program (SHARP).

SPOP (Service Program for Older People) -- 302 West 91st Street, New York, NY 10024 Phone: 212-787-7120.

Books

"A Dignified Life: The Best Friend's Approach to Alzheimer's Care" by Virginia Bell, M.S.W. and David Troxel, M.P.H.

"The Gift of Caring: Saving Our Parents From The Perils of Modern Healthcare" by Marcy Cottrell Houle M.S. and Elizabeth Eckstrom M.D. M.P.H.

"36 Hour Day A Family Guide to Caring for People Who Have Alzheimer's Disease, Related Dementias, and Memory Loss" by Nancy Mace

"Understanding Alzheimer's: A First Time Caregiver's Plan To Understand and Prepare for Alzheimer's & Dementia" by Calistoga Press

Note: All of the clergy at Congregation Rodeph Sholom are also available for counseling or referrals. For additional resources or a confidential consultation, please contact Congregation Rodeph Sholom Social Worker Ruth Kobrin at 646-454-3180.